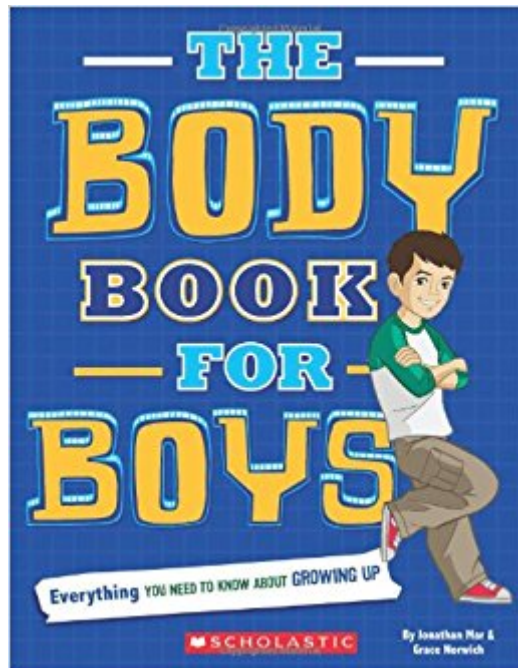




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# The Body Book For Boys



## Synopsis

The essential guide to growing up for boys! A must-have book for boys looking for straightforward advice about their changing bodies and growing up. There are answers to questions about everything from shaving, vocal changes, bad breath, smelly feet, braces, and acne, to school, sports, girls, friends, family, and more. The Body Book For Boys is complete with tips, quizzes, Q&As, and all of the essential info boys need to know.

## Book Information

Paperback: 128 pages

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Shipping Weight: 7.2 ounces (View shipping rates and policies)

Average Customer Review: 4.5 out of 5 stars 134 customer reviews

Best Sellers Rank: #40,123 in Books (See Top 100 in Books) #8 in [Books > Teens > Personal Health > Maturing](#)

## Customer Reviews

In this reassuring title aimed at boys just entering adolescence, the authors present frank information on such topics as hygiene, the changes brought on by puberty, exercise, and dealing with girls. The tone is kept light, and the many bright illustrations also have a fun, jokey quality. Each subject is covered in a few paragraphs, and some topics, such as shaving, could have used more detail. On the other hand, many young men will appreciate the fact that this book makes its point and moves on. After all, how much reassurance does the male psyche need? (Don't answer that.) Some readers may want to skip over the frequent check-your-knowledge tests and move straight to the candid information that taps right into kids' private worries: "There's no way to change the size of your penis." "Can guys really grow breasts?" Also suggest Lynda Madaras' *On Your Mark, Get Set, Grow* (2008), which is similar in topic and format. Grades 5-8. --Todd Morning

Grace Norwich has written many books for young readers on a variety of topics, including health, fashion, animals, and more. She lives in Brooklyn, New York.

I read many reviews trying to find a book for my son comparable to the American Girl book for girls. This book is great for young boys!

I got this for my 11-year-old son along with "What's Going On Down There"-- the latter was the winner of the two. This book is very general and does not go into enough detail about human reproduction. Maybe a good start for younger kids, though.

I purchased this book for my 10 1/2 year old son. I did read it prior to giving it to him and felt comfortable doing so. The book was well-written and in a manner that a pre-teen boy can understand. My son read it in one evening. All in all, I felt it was the right book to give him to read about the changes that are starting to occur with his body.

I read this book before giving it to my son who is about to enter 6th grade. Content was appropriate. There was nothing in the book that I disapproved of and I was comfortable handing it to him to read.

The body book is a good introduction to puberty for younger kids (ages 8-10). There is a lot of info on the changes specific to boy's bodies and what they need to do to take care of themselves. The hygiene and oral health sections are very good for children. I don't think it is the best choice for older teens with questions about puberty, because it omits a lot of sexual health information, but great for kids.

good book helps

Good book with good information that is appropriate for boys. Material is presented well and provides answers to questions many young boys have. I've used this as resource tool to help parents talk to their kids about sexuality and puberty. I'd suggest sitting down with your child and going over the book together.

My son loves this book and so do I. The comic book style that this book uses is awesome. It holds interest while giving much needed information. Would buy this for every preteen boy I know!

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